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- Landmark Study Will Shed Light on ADHD and Brain Development
- Q&A: Can I Still Drive After Taking ADHD Medication?
- Is It Clutter or Hoarding? How to Help
- ADHD in the News



## Landmark Study Will Shed Light on ADHD and Brain Development

Researchers for the Collaborative Research on Addiction at The National Institutes of Health began recruiting children in September 2016 for the Adolescent Brain Cognitive Development, or ABCD Study. The 10-year study will follow 10,000 children starting at the ages of 9 and 10 into young adulthood. This will be the largest long-term study of brain development and child health in the United States.

"The ABCD Study of brain development and functioning in the adolescent years is an important and welcome investigation," says Max Wiznitzer, MD, co-chair of CHADD's Professional Advisory Board.

<u>Learn more about this ground-breaking study.</u>



## Q&A: Can I Still Drive After Taking ADHD Medication?

Q: I just started a stimulant medication, but my friend said it's illegal for me to take it and still drive. Is this true?

**A:** Driving and taking prescription medication is regulated by the individual states. You should look up your state's law regarding driving and medication and discuss your treatment options with your doctor.



Read more about **Driving and ADHD medications**.

## Is It Clutter or Hoarding? How to Help

When is lots of clutter around you not a symptom of ADHD, but the sign of a much bigger problem? In a few situations clutter can evolve into hoarding disorder, placing the health and safety of the affected individual and sometimes the person's family at risk.



"There are several 'lookalike' conditions and circumstances that are

commonly mislabeled as hoarding, including collecting, cluttering, and chronic disorganization," says Debbie Stanley, who has worked with people affected by ADHD and hoarding disorder.

So what is the difference between clutter caused by ADHD and hoarding disorder and how can you help a loved one who has a problem with either? Read more to find out.



- Workaholism and Psychiatric Disorders Is there a relationship between work addiction and OCD, ADHD and depression?
- Are the 2011 AAP Guidelines Influencing How Often We Diagnose and Treat ADHD in Preschoolers?
- Current screening tools for ADHD may be inaccurate for children with autism
- ADHD drug plus therapy can improve cognitive outcomes for TBI patients

Read these and other articles in the ADHD in the News weekly digest.



Christmas is 25 days away! Here's a **holiday gift- giving** and **holiday helper toy list** to help children with ADHD improve executive function skills.

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