

Ask the Expert

ADHD

AWARENESS MONTH

October 2016 *Knowing is Better*

What Everyone Should Know about ADHD



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BOSTON METROWEST • NYC • SAN FRANCISCO • SEATTLE

www.drhallowell.com

The National Resource Center on ADHD: A Program of CHADD is the nation's clearinghouse for evidence-based information on ADHD. This *Ask the Expert* webcast is supported by Cooperative Agreement Number NU38DD005376 from the Centers for Disease Control and Prevention (CDC) and does not necessarily represent the official views of the CDC. The National Resource Center on ADHD, CHADD and the CDC do not endorse, support, represent or guarantee the accuracy of any content presented or endorse any opinions expressed in this webcast.



✓ Recording available

✓ Use registration link

<https://goto.webcasts.com/starthere.jsp?ei=1114445>

✓ CHADD website

www.chadd.org/asktheexpert

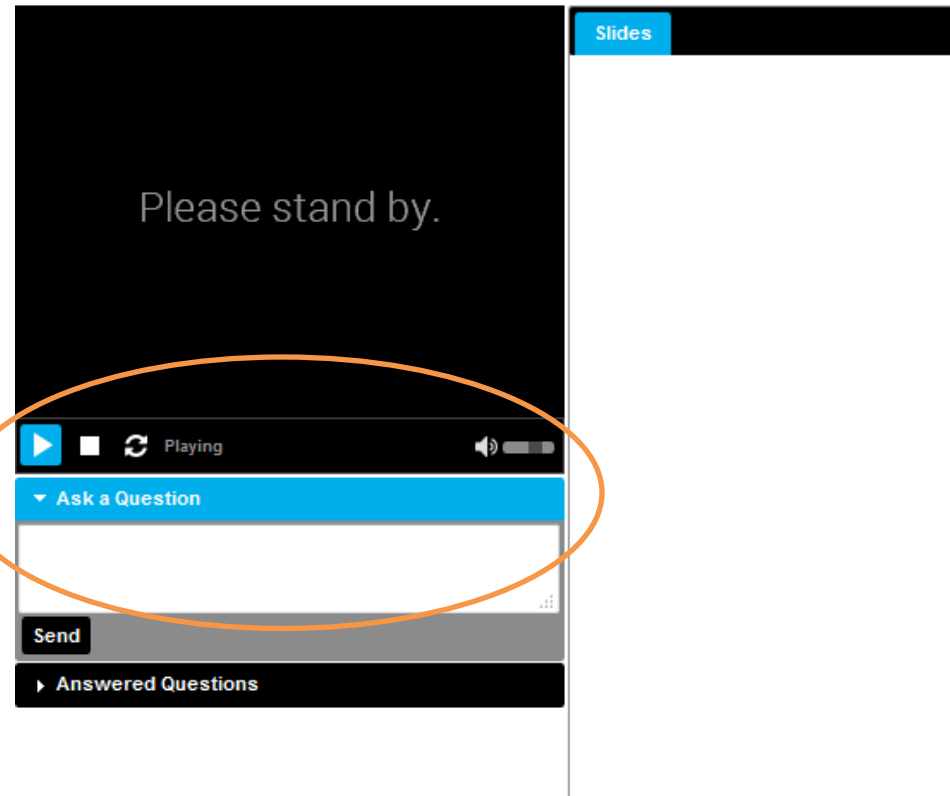
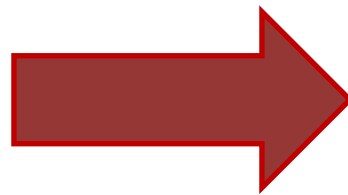


✓ Slides available under resources



✓ Twitter feed: #AskADHD

To Ask A Question:





**Do you need help with choosing
what direction to go ?**

Call and speak to an
ADHD Information and
Resource Specialist



1-800-233-4050
Mon-Fri, 1-5pm ET



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What is ADHD?



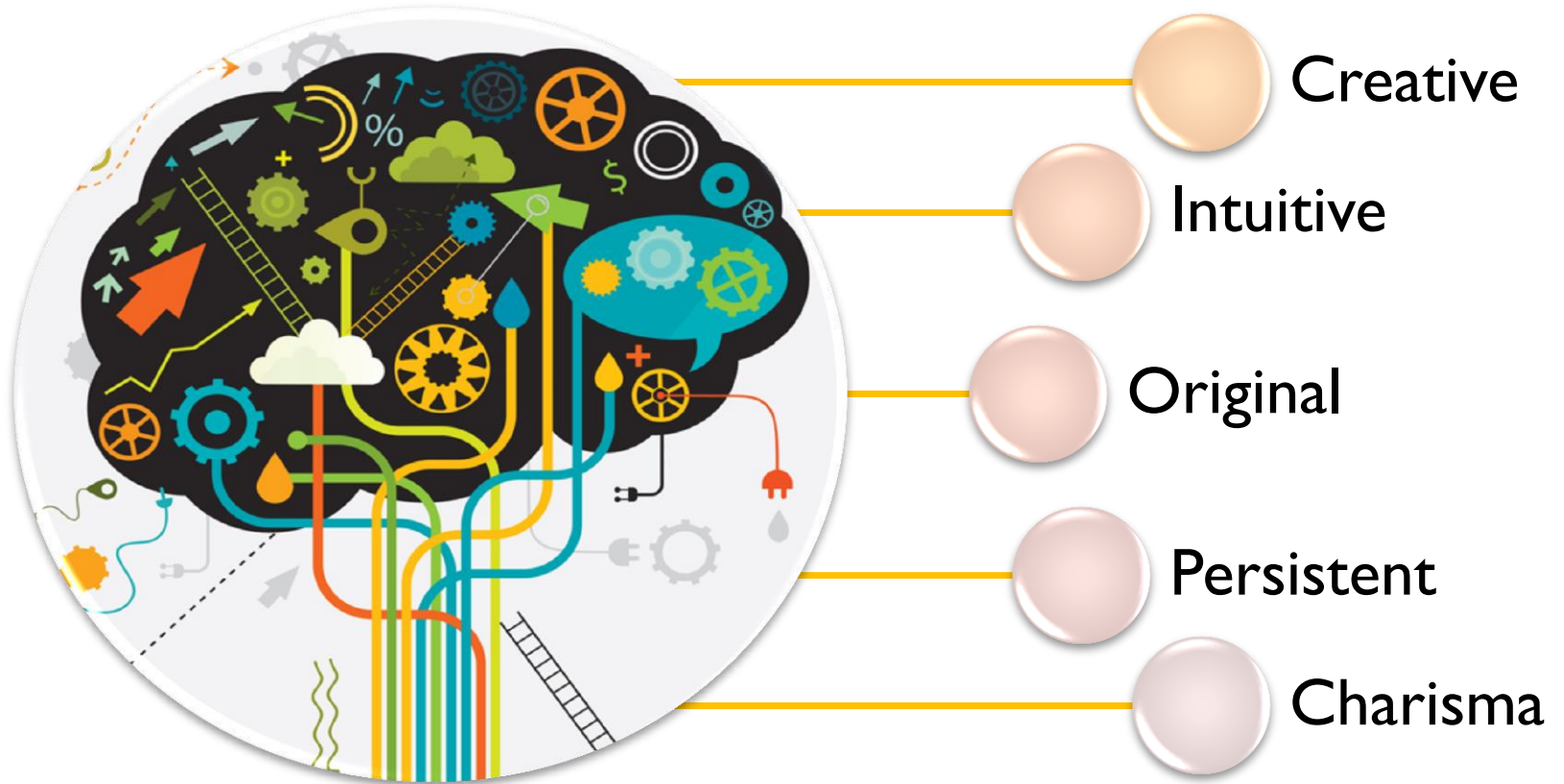



- Symptoms:
 - Quiet
 - Day dreamy
 - Lost in thoughts
- Girls and women
- Misdiagnosed
- Under-diagnosed



- Symptoms:
 - Impulsivity
 - Hyperactivity
 - Call attention to self
- Boys and men
- Stereotypical ADHD
- Over-diagnosed

Positive qualities





**“[ADHD] IS LIKE
HAVING A RACE CAR
BRAIN WITH
BICYCLE BRAKES.
[YOUR CHILD] CAN
FEEL REALLY GOOD
ABOUT THAT. THEY
CAN OWN IT. THEY
CAN SAY, “YES, I’M
A CHAMPION IN THE
MAKING.”**

- Edward Hallowell, MD, EdD
Expert at kidsinthehouse.com

Negative qualities

Trouble with



Focusing

Getting organized

Prioritizing

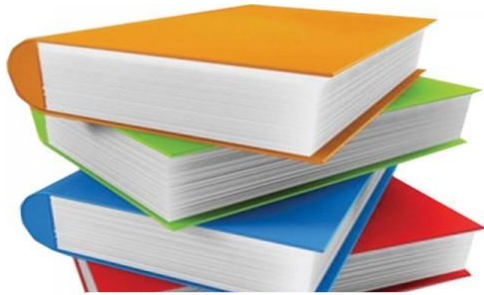
Follow through

Social cues

What should treatment include?



Diagnosis



Education



Changes in lifestyle



Structure



Counseling

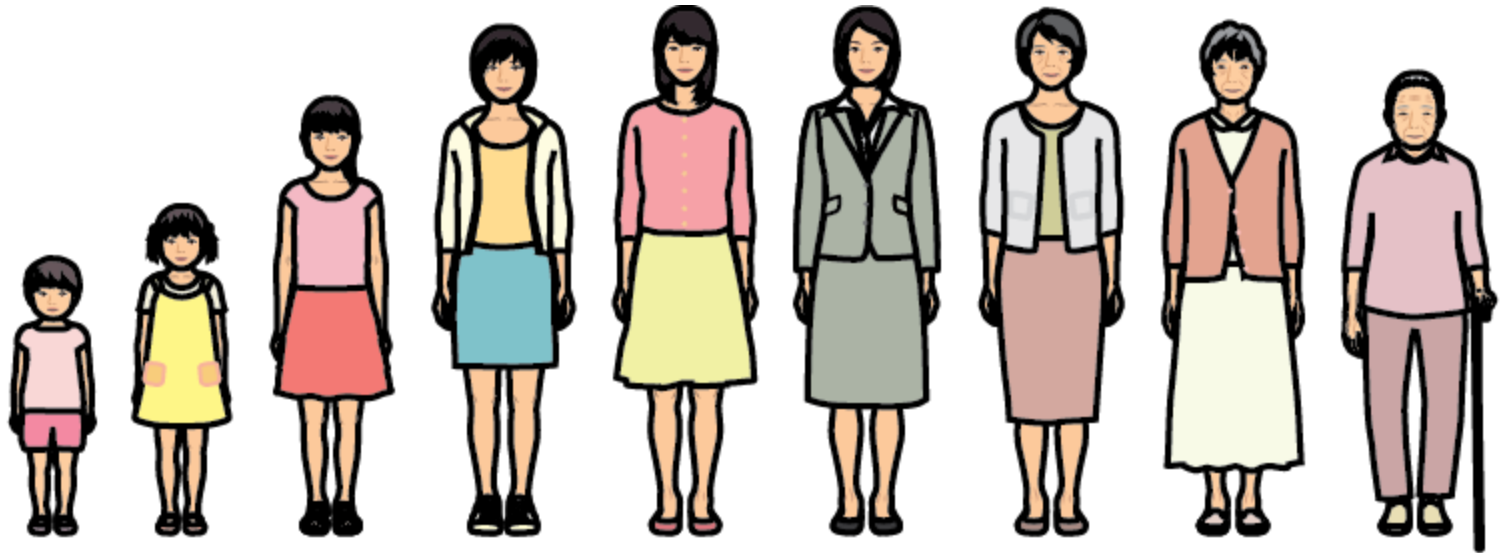


Other therapies



Medication

Can people outgrow ADHD?



Adult vs. childhood ADHD?

What about ADHD medication?



Medication



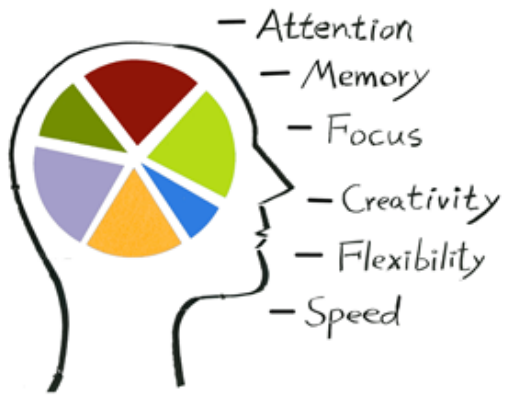
Medication helps about 80% of the time



ADHD on the rise ?

New or Promising Research

- Strengths-based approach



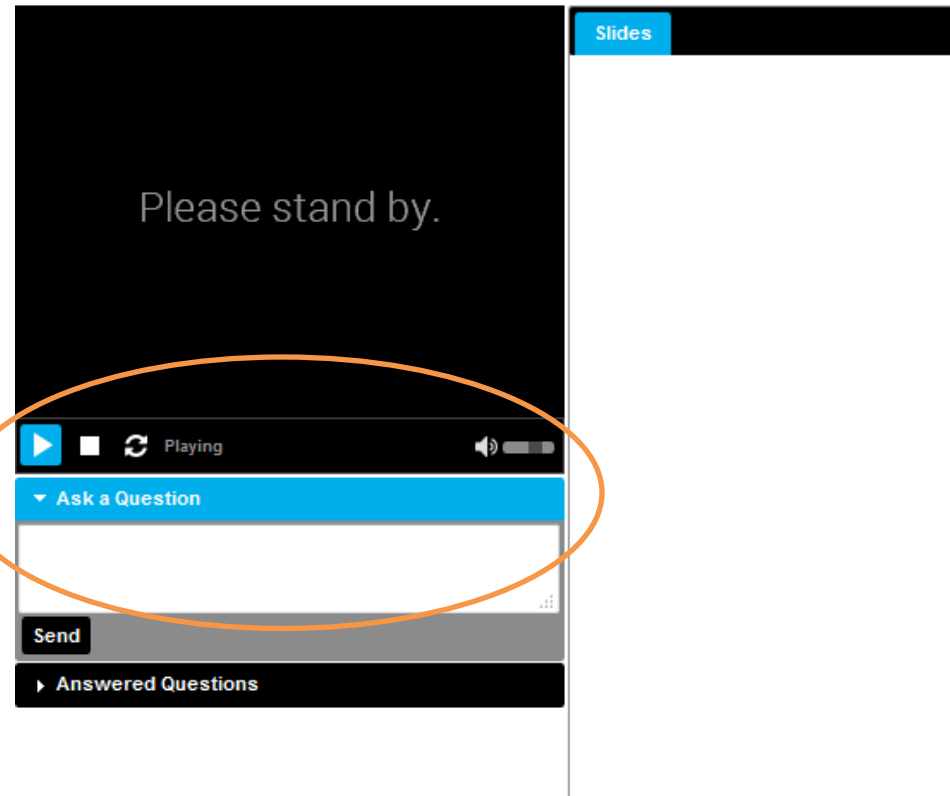
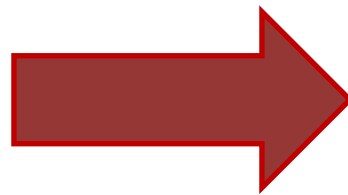
- ADHD and adults



Final Thoughts



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Upcoming Webcasts

Department of Education Guidance Broadens
Understanding of 504 Rights for Kids with ADHD

Tuesday October 25, 2016 at 3pm ET

Thursday October 27, 2016 at

Guest experts: Matthew Cohen, JD & Paul Grossman, JD

Register Now at

www.Help4ADHD.org/AsktheExpert

This is a presentation of the



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