Why Will Jo One Play With Me?

THE PLAY BETTER PLAN

TO HELP CHILDREN OF ALL AGES MAKE FRIENDS AND THRIVE

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WITH TERESA BARKER

ADHD, EXECUTIVE FUNCTION, AND THE ART OF GETTING KIDS TO LISTEN

Presented by Caroline Maguire, PCC, M.ED



CAROLINE MAGUIRE

- Mother
- Certified Executive Function Coach for families
- Former Hallowell Center Coach
- Director of Fundamentals of ADHD Coaching for Families at ADD Coach Academy
- Completed Level IA Social Thinking Training
- Masters Education Lesley University
- Author of: Why Will No One Play With Me?



Social beliefs that get in the way such as:

- "Smart kids don't have friends"
- "I am making reasonable arguments you should bargain with me."
- "I will do better when I am an adult."
- "I am not a school person."

EVERY CHILD HAS A STORY

PAVE THE WAY TO A COACHING CONVERSATION



Having a thoughtful, responsive relationship with your child Strengthening core life skills for social interaction, emotional health, and learning

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Reducing stress in all areas of life and learning

- Coaching made up of two key skills **open-ended questions** and **reflective listening**
- Coaching is the process of teaching, guiding, showing, and practicing skills with your child
- By asking open-ended questions, you can encourage your child to talk about his friendship situation fully and candidly
- Open-ended questions use the words:
- Who, what, when, where, how
- Ask, rather than tell
- Ask questions, instead of "mix into that group."
- What can you ask your playmate?
- What happens if you sit here and don't join in?
- What does your friend feel when you play only your favorite game?
- For children with limited verbal skills we add visual underpinnings

OPEN QUESTIONS

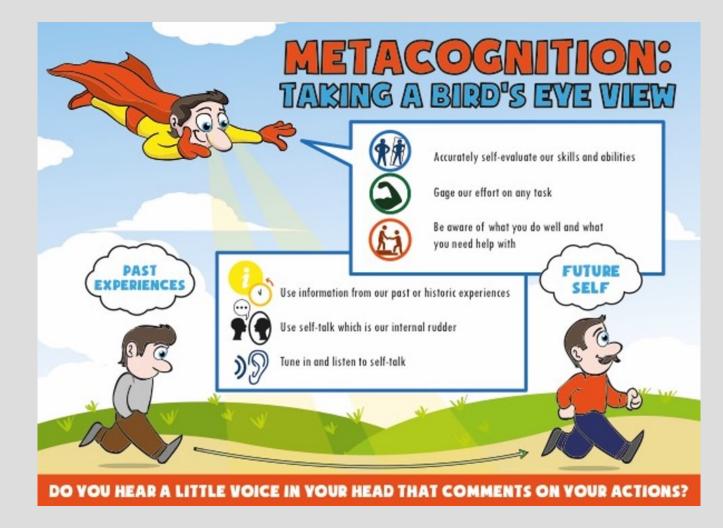
TIPS USING REFLECTIVE LISTENING

Repeat back	• Repeat back the child's statement without giving an opinion. By reiterating your child's statement, your child also hears what he has said
Confirm	• Confirm with the child that you captured his thoughts and feelings accurately
Clarify	 Clarify the child's thoughts and feelings by asking questions
Accept and validate	• Accept and validate your child's sentiments
Express	• Express empathy to your child:"I hear you," "I get it," "That must be hard."
Word Choice	 Use you and I statements, such as "You are overwhelmed" and "I am sad you are lonely."

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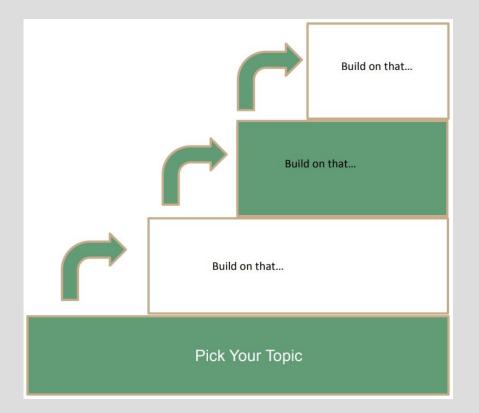


- Open questions allow you truthful information and your child's perspective
- Allow child to self evaluate comparing their own ideas and perspective on the social world with their parents
- Play coaching and other methods help hold a mirror up to the child's behavior
- They help her learn about the social world
- Child with limited language can use visuals
- Rather than telling we are helping children understand the social world -we show them



Building on That

Build on a conversation by picking one topic. Then, every time a person builds on the conversation topic, mark it by adding blocks or a marble to a jar. This gives the child a visual representation of how a conversation grows and that each comment builds on the last comment. With each comment add another block to the pile or put another marble in the jar.



BUILDING ON THAT

Why Will No One Play With Me?

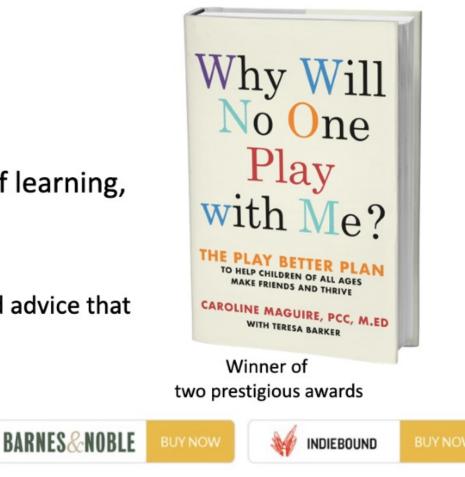
Help your child become:

- Socially engaged
- Confident
- Open to the unlimited world of learning, connection, love and life

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