

# THE LEADING **RESOURCE ON ADHD**



# WE PROVIDE SUPPORT, TRAINING, EDUCATION, AND ADVOCACY

for the 17 million children and adults in the United States living with ADHD, their families, educators, and healthcare professionals.



As home to the National Resource Center on ADHD, funded by the US Centers for Disease Control and Prevention, Children and Adults with Attention-Deficit/ Hyperactivity Disorder (CHADD) is the most trusted source for reliable, science-based information regarding current medical research and ADHD management, and offers comprehensive programs and services at both the national and local levels.

# **ADHD: THE FACTS**

Attention-Deficit/Hyperactivity Disorder (ADHD) is a neurodevelopmental disorder characterized by a persistent pattern of inattention and/or hyperactivity and impulsivity that interferes with daily functioning and life's achievements. It is nondiscriminatory, affecting 17 million people of every age, gender, IQ, religion, and socioeconomic background across the United States.

ADHD begins in childhood and often continues through adolescence and adulthood. At least 75 percent of children with ADHD continue to exhibit symptoms of the disorder to an impairing degree in adulthood. It is estimated that four out of every five adults with ADHD remain undiagnosed.

Life for individuals with ADHD is riddled with difficulties in functioning, interpersonal, social, academic, and professional skills. ADHD causes significant impairments in school, work, and relationships. When not properly identified, diagnosed, and treated, it may have potentially devastating consequences including substance abuse, accidental injuries, and legal difficulties.

ADHD is highly manageable with an individualized, multimodal treatment approach that can include behavioral interventions, parent/patient training, educational support, and medication.

CHADD is here to help.

WELCOME.

# OUR PROGRAMS AND SERVICES



#### Parent to Parent Program

Designed by parents for parents, this multi-session, interactive program assists families in navigating the challenges of raising children with ADHD.



#### Teacher to Teacher Training Program

Our day-long workshop and online courses help educators to identify common ADHD-related learning problems and introduce proven classroom techniques, interventions, and evidence-based research to help ensure the success of students with ADHD.



### **Local Support Groups**

With more than 100 support groups across the United States, CHADD offers invaluable assistance at the community level by encouraging peer relationships, fostering connectedness, and enhancing access to local resources.



#### **Public Education and Outreach**

CHADD is committed to correcting misinformation, myths, and unfounded controversies about ADHD among educators, healthcare professionals, and the general public through multiple awareness-building initiatives.



#### Advocacy

CHADD's public policy committee advocates on behalf of individuals with ADHD and related disorders by educating legislators and in luencing national public policy.



#### **National Resource Center**

The National Resource Center on ADHD, funded by the US Centers for Disease Control and Prevention and housed at CHADD, offers an extensive electronic library with the most current, fact-based information available.

## **Become a Member**

Membership in CHADD is open to everyone, including individuals and families living with ADHD, educators, healthcare professionals, and organizations such as hospitals and schools. The benefits are numerous:

- Meet and learn from others experiencing similar challenges
- Stay up-to-date on science-based treatment, interventions, strategies, and trends
- Connect with professionals and specialists who treat ADHD
- Gain critical knowledge through comprehensive training programs
- Receive informative CHADD publications, including Attention magazine
- Get discounted pricing on CHADD events and training programs
- Access prescription discounts with the CHADD Discount Advantage Program
- Become part of an exclusive savings network and save on dining, shopping, movies, hotels, and more



#### **Annual International Conference**

Our annual conference brings together researchers, clinicians, educators, adults with ADHD, parents of children with ADHD, and others seeking science-based information.



#### **Publications**

CHADD's bimonthly magazine, Attention, and our weekly and monthly electronic newsletters, are rich in practical information, clinical insights, and the latest ADHD news.



## **Online Community**

Our social network enables participants to post questions, participate in online dialogue, and form connections with other members of the ADHD community.



#### **ADHD 365 Podcasts**

CHADD's free podcasts offer interventions, strategies, and tips for parents, teens, adults, educators, and healthcare professionals.



#### Ask the Expert Webinar Series

This free, monthly webinar series features leading experts in ADHD and invites participants to submit questions for discussion. Webinars are archived for future reference.



#### **ADHD Helpline**

Our health information specialists are knowledgeable in the full range of issues concerning ADHD and available to answer questions Monday through Friday, 1:00 pm to 5:00 pm EST, at 1-800-233-4050.



#### **Young Scientist Awards**

Chadd is proud to recognize new researchers who are making valuable contributions to the understanding of ADHD



#### **Adult to Adult Program**

This multi-session interactive program provides training and support for adults with ADHD.

# **Support CHADD**

As a nonprofit organization, CHADD relies on donations to support our programs and services. Your gift will provide hope and essential resources to millions of individuals and families who struggle with ADHD.

### **Learn More**

CHADD is dedicated to improving the lives of the 17 million children and adults in the United States living with ADHD every day, and all who support them. We invite you to learn more by visiting CHADD.org or contacting us at 301-306-7070.