

# Children with ADHD Needed!

## ELIGIBILITY

- Aged between 8-11 years?
- Have had a diagnosed ADHD?
- No reported intellectual disability, brain injury, or cardiorespiratory-related disease or comorbid disorder such as Autism?
- No contraindications to exercise?
- Not receiving non-pharmacological treatment related to ADHD?

## PURPOSE

The purpose of this dissertation study is to examine effects of aerobic exercise on executive functions of children with ADHD

## RESEARCH TESTS

A 20-min running/walking of different intensities on a treadmill per visit.  
Lab measures including: maximal oxygen uptake, cognitive tasks, surveys, body composition, and heart rate monitoring.

## COMMITMENT & LOCATION

This study requires one familiarization visit (1 hour) and 3 experimental visits (1 hour per visit) over a maximum period of 1-month. Tests will be completed at EXert Clinic Lab at TC, Columbia University.

## INCENTIVE

Up to \$50 for completing all study days and tests

## INTERESTED?

Email us at [zk2242@tc.columbia.edu](mailto:zk2242@tc.columbia.edu)

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