

# Research Participants Needed

This research aims to look at whether athletes with Attention Deficit Hyperactivity Disorder (ADHD) are more likely to develop Relative Energy Deficiency in Sport (RED-S), which is a condition of low energy availability that results from overtraining, and/or underfueling.

## Participants

- Between 18 and 24 years old
- Current NCAA athlete

*\*while all athletes are eligible, they can only participate while their primary sport is currently in the off-season*



Scan the QR code to get started, or

**[Click Here](#)**

## Survey Info

- You will be asked to complete a 15-20 minute online survey
- Questions assess for symptoms of both disorders, as well as relevant eating and exercise habits
- Once completed, you may opt in to a raffle of ten \$25 Amazon gift cards

**With any questions, please contact:**

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