

Share Your Story!

Research Participants Wanted For Study:

Better Late Than Never: Understanding Lived Experiences Shaped by Gender, ADHD, & Neurodiversity (IRB#25-019)



Are you a young adult woman who was not diagnosed with attention-deficit/hyperactivity disorder (ADHD) until young adulthood (18-35 years old) and/or after being misdiagnosed?

Share your experiences and help advance our understanding of neurodiversity and gender in ADHD

Participants:

- Cis-gender (she/her) Women aged 21-35
- Diagnosed with ADHD at age 18 or older, and/or misdiagnosed before an ADHD diagnosis
- Diagnosis of ADHD recommended to be received at least six months prior
- Able to participate in a confidential Microsoft Teams interview

Who Is Not Eligible:

- Diagnosed with ADHD in childhood or early adolescence
- Do not identify as cis-gender woman (she/her)
- Unable to provide informed consent or fluently speak English
- Have severe cognitive impairments impacting participation

Why Participate?

- Contribute to meaningful research on ADHD and gender
- Help shape a more inclusive understanding of neurodiversity
- Your story could inspire change and understanding in mental health fields
- Chance to win a \$25 gift card through a raffle (participation in raffle optional and not dependent on completing the study)

What to Expect:

- A brief screening survey (under 5 minutes)
- A short virtual meeting to confirm eligibility and review consent (20-40 minutes)
- A short demographic questionnaire (5-10 minutes)
- A Microsoft Teams interview containing questions about your experiences, coping strategies, and relationships (90-120 minutes)
- Your participation is completely voluntary and confidential
- **Total time commitment:** approximately 2.5 to 3 hours

This study is not therapy and is designed purely for research purposes.

Interested? Scan the QR code to access the screening survey or follow this link:

https://qualtricsxm7q33nrzkk.qualtrics.com/jfe/form/SV_b0YRr3tKqgZ5yAe

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For questions, contact the Adler Institutional Review Board at IRB@adler.edu.

