

Interview Opportunity: Parental Stress of Female Youth Athletes with ADHD

Is Your Daughter Navigating Competitive Team Club Sports and ADHD? Your Unique family experience is vital to groundbreaking research! Your story matters!

Study will Explore

- Parental Stress
- ADHD
- Gender (female youth athletes)
- Competitive athletic environments



Why this matters:

Research often ignores female youth athletes with ADHD. Share your experience to make their challenges and strengths visible and help develop practical support for everyone involved in their lives.



Who are we looking for?

Parents of daughters between 6-13 years Old with a formal ADHD diagnosis

Involved in competitive team club sports (e.g., soccer, cheer, basketball, volleyball, etc.).

How to Help?

- Click the QR Code
- Participation involves A one-time 60 minute virtual interview

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